



*The Experience Within*







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# Paulsons

Beauty & Fashion  
Private Limited

Paulsons is the company that aims at representing fashion and lifestyle at global standards. With a rich experience in the field of education, the trust has promoted a number of educational institutions in and around Pondicherry.

In 2010, Toni&Guy – the world's #1 hairdressing brand was launched in Chennai by the Paulsons Group. The group also owns the master franchisee for Essensuals – a diffusion brand from Toni&Guy. The company's association with premium brands was strengthened by the inclusion of Häagen-Dazs franchise and over a period of a few years, the group also launched homegrown brands like Chakra Urban Spa, Jonah's Bistro, Slam Lifestyle and Fitness Studio, Provoke Lifestyle Magazine – TV & Radio, Sulthan's Biryani, Big scoop, PLAY and the group's first foray into the world of online games – Kalutai.

The group also runs a chain of hotels called Anbu Park Group of Hotels in Villupuram, Tiruchirapalli and Pondicherry (all in Tamil Nadu, India) and a brand new Ginger property in liaison with the Taj Group of Hotels.

The Paulsons Group constantly looks for means to reinvent themselves and set fresh standards of quality and this belief is what has led the company to its consistent growth and stability.



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# TREATMENTS

## & TARIFFS



CAUTION: THESE SERVICES ARE NOT RECOMMENDED DURING CERTAIN HEALTH CONDITIONS INCLUDING THE FOLLOWING:

- ✿ Pregnancy
- ✿ Infections or any Skin abnormalities
- ✿ High blood pressure
- ✿ Epilepsy and asthma
- ✿ Alcohol Consumption

If you have any other medical conditions or concerns apart from the above kindly inform the reservation desk while booking the appointment. Also please do mention if you are under any medication or treatment.

\*As per our company policies we don't provide any cross massage services.

\*All our massage services are followed by 15 minutes steam



Strengthen the  
primal instinct of reflexes with

## REFLEXOLOGY

An ancient healing practice that restores the body's equilibrium by stimulating the core reflex points in the most integral parts of our structure. Our body contains an energy field and the blockage of this force comprises health and prevents healing. Reflexology restores the flow of natural energy by stimulating the nerves.

	30 MINS	60 MINS
Foot / Shoulder & Back	₹500/-	₹900/-
Head Oil Massage (Men)	₹400/-	₹800/-
Head Oil Massage (Women)	₹600/-	₹1000/-

\* Inclusive of Hair Wash & Blast Dry

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## SCRUBS & WRAPS

**\*Available at select outlets only**

Beauty is only skin deep but the texture, softness, vibrance, color, purity and luminescence of your skin speaks the story of your life. Come and let us etch a beautiful story on your skin with our assorted body scrubs & wraps. Indulge to revitalize your skin, immerse in the tender depth of your roots and surrender yourself to soulful rejuvenation. After an invigorating body scrub, we prepare your skin through a body pack, which enables your body to absorb the rich nutrients of the exotic herbs and minerals. We wrap the body after applying the pack to generate heat so that the skin gets softer and porous facilitating easy absorption.

### CHAKRA HERBAL SCRUB & WRAP

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60MINS – ₹1400/-

The combination of herbal scrub and wrap with exfoliating granules help to remove dead skin, and boost blood circulation. It also helps to drain the lymph nodes, by increasing blood flow to the surface of the skin.



# MASSAGES

**\*Available at select outlets only**

A therapy does so much more than just feel good. It helps your body to eliminate toxins through the lymphatic system, gives your circulatory system a boost of energy, and brings about a state of peace and harmony.





## SWEDISH THERAPY

[OIL]

60MINS – ₹1600/-

90MINS – ₹2000/-

This classical European technique of manipulating muscles with massage oils is both relaxing and invigorating. While providing tonic for the soul, this massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems.

## BALINESE THERAPY

[DRY&OIL]

60MINS – ₹1600/-

90MINS – ₹2000/-

A combination of influences from different cultures gives us the unique form of Balinese technique. A form of deep massage designed to work almost every muscle in the body. The goal of this technique is to achieve a relaxed and balanced state of mind by revitalizing the blood flow in your body. This practice is a stress and anxiety buster, helping one regain a general sense of harmony.



## DEEP TISSUE THERAPY

[OIL]

60MINS – ₹1600/-

90MINS – ₹2000/-

This technique is designed to relieve chronic muscle tension in the connective tissues. The primal focus is on the deeper layer of the muscle, enhancing function and providing aid in the healing process. Deep tissue massages are often recommended for individuals who experience consistent pain or are involved in routine physical activities that lead to exhaustion.



\*Government taxes are applicable



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## SKIN CARE

Your face encompasses the beauty of the whole earth and for every beauty; there is an eye to see it. With draw your concerns and cease your self to more than a dozen facials, carefully designed to enhance the life of your skin. The true beauty of a person always lies in their soul but for everything else there is always the beautiful touch of human hands, lifting your skin off its layers of dead cells and giving it back a life of its own.

## JEANNOT

Crafted to perfection for any salon business who aspires to provide affordable luxury skincare, Jeannot Ceuticals aims to offer an innovative and exclusive experience that guarantees scientifically proven results. Offering a comprehensive and integral skincare range, which takes into account the varying needs of the skin at different points in time, Jeannot is the brightest innovation in professional skincare.

**JEANNOT**  
CEUTICALS  
BARCELONA

**LOTUS**  
PROFESSIONAL

## LOTUS

At Lotus Professional, we firmly believe that beauty can be best achieved by using active natural ingredients of the highest quality, while taking care of one's wellbeing. This is exactly why we persistently employ the best of sciences to harness efficacy that only nature can provide. This has resulted in an exceptionally revolutionary range of professional beauty products.

## BRILLARE

We disclose percentage of natural ingredients upfront on all our professional care products. Made with super potent ingredients at required levels for high grade performance. All our products are made with certified natural ingredients without any parabens, formaldehyde. Mineral oil, petroleum wax or artificial colors.

**BRILLARE**<sup>®</sup>  
PROFESSIONAL

# DRY & DEHYDRATED SKIN

Dry skin generally refers to the skin that is lacking in oil. Dehydrated skin is characterized by lack of moisture. Your skin can experience Irritation, Inflammation and Itchiness. A feeling of tightness or roughness slight to severe flaking and scaling.

## JEANNOT CEUTICALS

Clean Up Ritual	-	₹1299/-
Crafted with a Blend of Natural Ingredients Tailored to Achieve Specific Skincare Goals.		
Instant Glow	-	₹2999/-
Treatment to Instantly Restore, Radiance to Dull Skin.		
Brilliance White	-	₹3299/-
Treatment to Reduce Dark Spots & Give Brightness, Smooth and Even Skin Tone.		

## LOTUS

Hydra Vital Clean Up	-	₹999/-
Effective Treatment for Cleansing, Exfoliating and Toning		
Insta Fair	-	₹1500/-
Treatment to Control Melanin and Gives Radiant Glow		
Bridal Glow Skin Brightening	-	₹1800/-
Deep cell Activation Formulation that Brightens the Skin and Gives it a Youth Full Radiant Look		
Ultra Hydrating	-	₹2200/-
It Provides Deep Nourishment to The Skin while Retaining The Natural Glow		
Brightening Booster	-	₹2000/-
Infused with Barrier - Strengthening Ceramides, it Repairs the Skin's Protective Barrier		

## BRILLARE

Under Eye Treatment	-	₹799/-
Reduce under eye dark circles and Contours wrinkles gradually.		
Skin Brightening	-	₹2199/-
Formulated with Actives that Lighten Skin Tone and Remove Dark Spots.		

# OILY SKIN & ACNE

Sebum (Oil) Protection is controlled by Androgen hormones. Oils help to lubricate skin protecting it from the environment. Excess Androgen Hormones trigger an over protection of oil creating a shiny appearance. The follicle becomes clogged with a mixture of oil and dead skin cells, prohibiting oxygen from entering. This leads to swelling, redness, inflammation around the follicle resulting in Acne.

## JEANNOT CEUTICALS

Cleanup Ritual	-	₹1399/-
Crafted with a Blend of Natural Ingredients Tailored to Achieve Specific Skincare Goals.		
Shine Control	-	₹2999/-
Treatment to Reduce Acne, Open pores, Purify Calm and Mattify Skin.		
Brilliance White	-	₹3099/-
Treatment to Reduce Dark Spots & Give Brightness, Smooth and Even Skin Tone.		

## LOTUS

Pura Vital Clean Up	-	₹999/-
Treatment to remove oil deposits, reduces open pores		
Insta Fair	-	₹1500/-
Treatment to Control Melanin and Gives Radiant Glow		
Bridal Glow Skin Brightening	-	₹1800/-
Deep cell Activation Formulation that Brightens the Skin and Gives it a Youth Full Radiant Look		
Super Detox	-	₹2000/-
Treatment to Reduce The Appearance of Dark Spots It Calms and Soothes The Skin		
Brightening Booster	-	₹2000/-
Infused with Barrier - Strengthening Ceramides, it Repairs the Skin's Protective Barrier		

## BRILLARE

Under Eye Treatment	-	₹799/-
Reduce under eye dark circles and Contours wrinkles gradually.		
Skin Brightening	-	₹2199/-
Formulated with Actives that Lighten Skin Tone and Remove Dark Spots.		
Oil Away	-	₹2199/-
It Regulates Excess Sebum Secretion & Clear Acne Causing Microbes		

# AGEING SKIN

## (PREMATURE AGEING)

Wrinkles, altered pigmentation, loss of skin tone. We associate these changes with skin ageing. Age related skin changes are the result of genetically-programmed changes and environmental wear-and-tear on the skin. While both influence the skin's structure and function, external factors cause more pronounced changes. These changes associated with skin ageing wrinkles, breakdown of collagen, elastin, and dehydration, a slowdown in Cell Turnover/Cell Renewal and Hyper pigmentation.

### JEANNOT CEUTICALS

<b>Clean Up Ritual</b> Crafted with a Blend of Natural Ingredients Tailored to Achieve Specific Skincare Goals.	-	₹1399/-
<b>Brilliance White</b> Treatment to Reduce Dark Spots & Give Brightness, Smooth and Even Skin Tone.	-	₹1799/-
<b>Instant Glow</b> Treatment to Instantly Restore, Radiance to Dull Skin.	-	₹2799/-
<b>Infinite Youth</b> Treatment to Delay The Signs of Ageing Reduce Deep Lines and Wrinkles, Firm and Brighten Skin	-	₹4299/-

### LOTUS

<b>Hydra Vital Clean Up</b> Effective Treatment for Cleansing, Exfoliating and Toning	-	₹999/-
<b>Insta Fair</b> Treatment to Control Melanin and Gives Radiant Glow	-	₹1600/-
<b>Bridal Glow Skin Brightening</b> Deep cell Activation Formulation that Brightens the Skin and Gives it a Youth Full Radiant Look	-	₹1800/-
<b>Youth Recovery</b> Treatment Infused with Potent Organic Ingredients to Rejuvenate Your Skin Promotes Cell Repaired Growth	-	₹2200/-
<b>Brightening Booster</b> Infused with Barrier - Strengthening Ceramides, it Repairs the Skin's Protective Barrier	-	₹2200/-

### BRILLARE

<b>Under Eye Treatment</b> Reduce under eye dark circles and Contours wrinkles gradually.	-	₹799/-
<b>Skin Brightening</b> Formulated with Actives that Lighten Skin Tone and Remove Dark Spots.	-	₹2199/-
<b>Age Revival</b> It Reduces Wrinkles, Fine Lines And Gives Rich Skin Hydration	-	₹2499/-

# SENSITIVE & SENSITISED SKIN

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Those who have very fair skin have a genetic predisposition towards sensitive skin. This could be caused by the lower amount of pigment and thinner epidermal layer. People with sensitive skin have more histamine readily produced in the body. The result is a more hypersensitive skin, waiting to react at any opportunity. Sensitized skin is not caused by genetic predisposition. It can affect anyone, any age of any race who is exposed to environmental assaults. This can be in the form of UV light, pollution, or even extreme weather.

## JEANNOT CEUTICALS

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Clean Up Ritual	-	₹1499/-
Crafted with a Blend of Natural Ingredients Tailored to Achieve Specific Skincare Goals.		
Hydra Boost	-	₹3099/-
Treatment to Hydrate, Calm & Brighten Skin		

## LOTUS

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Pura Radiance Clean Up	-	₹999/-
Gentle Treatment To Remove Dead Skin & Calm The Skin		
Bridal Glow Skin Brightening	-	₹1800/-
Deep cell Activation Formulation that Brightens the Skin and Gives it a Youth Full Radiant Look		
Gentle Resurfacing	-	₹2200/-
The Products are Carefully Crafted to Provide Nourishment and Rejuvenation Without Causing Irritation.		

## BRILLARE

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Under Eye Treatment	-	₹799/-
Reduce under eye dark circles and Contours wrinkles gradually.		
Skin Brightening	-	₹2199/-
Formulated with Actives that Lighten Skin Tone and Remove Dark Spots.		



Well groomed feet and well groomed hands sums up half of your success story, as the greatest reward and greatest joy only comes from the simplest pleasures in life. Pamper yourself with some attractive packages at your choice of leisure and detox your cuticles and cracked heels away.

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## MANICURE & PEDICURE



## **MANICURE**

Deluxe Manicure	-	₹500/-
(Cut & File, Cuticle Cleaning, Scrub and Massage)		
Ice Cream Manicure	-	₹600/-
(Cut & File, Cuticle cleaning, Mallow Soak (Ice Cream), Scrub, Massage and Pack)		
Candle Manicure	-	₹600/-
(Cut & File, Cuticle Cleaning, Scrub, Massage (Candle) and Pack)		
Luxury Manicure	-	₹800/-
(Cut & File, Cuticle Cleaning, DeTan, Scrub, Massage and Pack)		
Cut & File	-	₹150/-
Nail Paint	-	₹150/-

## **PEDICURE**

Deluxe Pedicure	-	₹600/-
(Cut & File, Cuticle Cleaning, Scrub and Massage)		
Ice Cream Pedicure	-	₹800/-
(Cut & File, Cuticle Cleaning, Mallow soak (Ice Cream), Scrub, Massage and Pack)		
Candle Pedicure	-	₹1100/-
(Cut & File, Cuticle cleaning, Scrub, Massage (Candle) and pack)		
Luxury Pedicure	-	₹1200/-
(Cut & File, Cuticle cleaning, DeTan, Scrub, Massage and pack)		
Cut & File	-	₹150/-
Nail Paint	-	₹150/-

\*Government taxes are applicable



## NAILS

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"Any woman can wear a great outfit but it is her nails that make the statement".

## NAIL EXTENSION

Jewellery (Per Piece)	-	₹30/-
Nail Art (Per Finger)	-	₹130/-
5D or Cat Eye (Per Finger)	-	₹130/-
Holographic Gel Polish (Per Finger)	-	₹130/-
Chrome (Per Finger)	-	₹150/-
Gel Polish (Per Finger)	-	₹90/-
Gel Polish (Removal)	-	₹400/-
Gel Polish (French)	-	₹1100/-
Soft Gel Extension (Gel polish included)	-	₹1500/-
Soft Gel Extension (Overlay included)	-	₹2000/-
French Tip Extension	-	₹2500/-
Acrylic Extension (Gel polish included)	-	₹2500/-
Gel Extension (Gel polish included)	-	₹2500/-
Extension Removal	-	₹600/-
Overlay	-	₹1500/-
Refill (Gel polish included)	-	₹1800/-

\*Government taxes are applicable



## De-TAN

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Nape	-	₹150/-
Feet	-	₹300/-
Underarms	-	₹250/-
Face & Neck	-	₹550/-
Half Arms	-	₹300/-
Full Arms	-	₹550/-
Half Legs	-	₹500/-
Full Legs	-	₹800/-
Upper Back	-	₹500/-
Lower Back	-	₹500/-
Full Back	-	₹800/-
Midriff	-	₹500/-



## THREADING

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Eyebrows	-	₹70/-
Upper Lip	-	₹70/-
Lower Lip	-	₹70/-
Chin	-	₹70/-
Forehead	-	₹70/-
Sides	-	₹70/-
Neck	-	₹80/-
Full Face	-	₹300/-

# WAXING

Men's Waxing 25% Extra

	Premium WAX	Brazilian WAX
Upper lip	-	₹100
Chin	-	₹100
Sides	-	₹200
Neck	-	₹200
Ears	-	₹200
Nape	-	₹100
Nose	-	₹100
Underarms	-	₹250
Full Face (*Selective Outlets)	-	₹450
Half Arms	₹350	-
Full Arms	₹500	-
Half Legs	₹450	-
Full Legs	₹750	-
Full Front/ Back	₹600	-
Upper/ Lower Back	₹400	-
Midriff	₹500	-
Bikini Line	-	₹700
Bikini Wax	-	₹1800
Butt	₹600	-
Butt Crack	-	₹500
Full Body (Without Bikini)	₹2300	-
Full Body (With Bikini)	₹3200	-

Intimate Care ₹1500

\*Government taxes are applicable

2024



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